	<b>INSTITUCIÓN EDUCATIVA JORGE ROBLEDO</b>  <b>PLAN DE APOYO</b>	CÓDIGO: ED-F-09	VERSIÓN: 1
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ÁREA/ASIGNATURA: INGLÉS  
 GRADO: 8° GRUPOS: 01,02 y 03  
 DOCENTE: Paula Andrea Rojas Pulgarín

**PLAN DE APOYO ESTUDIANTES CON DESEMPEÑO BAJO EN LOS PERIODOS 1 y/o 2**  
 Fecha de entrega del plan de apoyo de inglés: **12 de noviembre o antes para sustentarse entre el 15 y 18 de noviembre docente encargada de la asignatura.**

**PERIODO #1**

**INDICADORES DE DESEMPEÑO A REFORZAR:**

Escribo un texto corto relativo a mí, a mi familia y a mis amigos, mi entorno y sobre los hechos que me son familiares.  
 Comprendo información básica sobre temas relacionados con mis actividades y con mi entorno.  
 Identifico las estructuras básicas en textos cortos sobre temas de interés general.  
 Elaboro textos cortos escritos en inglés, sobre temas de interés general y aplicando las estructuras básicas vistas en el área.  
 Solicito y doy información con preguntas simples en situaciones tales como hablar sobre comida favorita y hábitos alimenticios de la comunidad.  
 Identifico y utilizo las estructuras básicas en inglés.

Desarrollo del taller: 40%  
 Sustentación del taller:60%

**Guía #1:** páginas 1 a 2  
**Guía #2:** páginas 2 a 4  
**Guía #3:** páginas 4 a 5

**ACTIVIDADES GUÍA #1:**

1. Lee el texto que aparece a continuación; A Day in My Life y **reescribe el párrafo en inglés conjugando los verbos correctamente los verbos en presente simple con la tercera persona en singular .:he .**

A Day in My Life

Hello, everyone! My name's **César** and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!

Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy!

At 6 o'clock I have breakfast, then, I ride my bike to school and at 7 o'clock I start classes! After school, I'm really tired, so I have a rest. But in the afternoon, around 3 o'clock I feel more motivated and ready to study, so I do my homework. I usually finish my homework about 5 o'clock, and because I'm usually still feeling energetic, I go to basketball practice with my school team. I love playing basketball, but I'm disappointed if we lose; but then I go for a walk and I always feel better!

**Cesar** is from Valledupar, he goes to school and never gets bored...

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## 2. Possessive Adjectives and Personal Pronouns

Remplaza el pronombre o nombres que están dentro del paréntesis por el adjetivo posesivo que corresponde en inglés.

1. Where are (you) \_\_\_\_\_ friends now?
2. Here is a postcard from (I) \_\_\_\_\_ friend George.
3. She lives in England now with (she) \_\_\_\_\_ family.
4. (He) \_\_\_\_\_ wife works in a factory.
5. (He) \_\_\_\_\_ company builds toys.
6. Rosita is (John and Nancy) \_\_\_\_\_ daughter.
7. Our names are Kathy and Robin. This is (Kathy and Robin) \_\_\_\_\_ mother.
8. Jeremy and Valerie are (Tim and Carey) \_\_\_\_\_ parents.
9. Tomás is (María) \_\_\_\_\_ grandson.
10. My name is Ana. This is (Ana) \_\_\_\_\_ father.
11. (Alex) \_\_\_\_\_ name is Alex.
12. Pablo and Martin are (Kelly) \_\_\_\_\_ children.
13. Your name is Gregorio. They are (Gregorio) \_\_\_\_\_ parents.

### ACTIVIDADES GUÍA #2:

1. Lee el texto en inglés que aparece a continuación y luego completa la información solicitada también en inglés.

Travel Blog: Colombian Cuisine

Posted by James Lee, August 31st



I am a Canadian traveller and I have just come back from Colombia. I loved my stay there. The food was a gastronomical adventure! I tried the paisa platter (bandeja paisa). It is prepared with red beans and served with eggs, and fried pork and minced beef. The dish also had rice and slices of fried plantain called patacón and was served with avocado. Personally I loved this dish, and also enjoyed it because it mixed a lot of flavours and nutrients. I supposed fried pork, minced beef and eggs contained a lot of cholesterol, but it was my first time in Antioquia, Colombia, it smelled delicious.

Después de leer el texto sobre el blog de viajes: Colombian Cuisine, responde las siguientes preguntas:

Did the Canadian traveller enjoy the paisa platter?

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How is the paisa platter prepared and served? What ingredients are mentioned in the text?

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Ahora completa el cuadro que aparece a continuación escribiendo la forma base del verbo y su respectiva traducción, como se muestra a continuación:

Base Form	Traducción	Past Tense
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Love	amar	Loved
		Enjoyed
		Served
		Mixed
		Prepared
		Contained
		Smelled
		Fried
		Called
		Supossed

**2. Elabora tu propia receta en inglés.**

Los siguientes verbos te pueden servir de ayuda para tu receta: ***add, slice, drain, pour, dice, mix, chop, cut, grease, peel, stir, slice, cook***

**Ingredients:**

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**Instructions**

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### 3. Present and past in verbs

Escribe al frente de cada verbo en inglés en el cuadro que aparece a continuación:


Get up	Cook
Go	Watch
Do	Start
Clean	Speak
Finish	Take
Have	Read
Eat	Write
Pick up	Come

### ACTIVIDADES GUÍA # 3:

#### 1. Condicional

Escoge la letra que complementa correctamente las oraciones que aparecen a continuación:

1. If you eat too much candy     h
  2. If you don't study
  3. You will have bad dreams
  4. If you eat lots of vegetables
  5. You will burn yourself
  6. If you are late for school
  7. If you practice the piano every night
  8. If you don't finish your dinner
  9. If you behave nicely
  10. I will pay you ten dollars
- a) if you baby sit your little sister tonight.
- b) the teacher will keep you in after class
- c) I won't let you have any dessert.
- d) I will buy you a treat
- e) you will be healthy.
- f) you will play beautifully.
- g) you will fail your exam.
- h) ~~your teeth will hurt.~~**

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- i) if you watch a scary movie before bed.
- j) if you play with matches.

2. Lee el texto “Basic Principles for a Good Nutrition” , luego responde las preguntas sobre el texto en tus propias palabras en inglés:

**Basic Principles for a Good Nutrition**

As we know nutrition is the basis of health in the human being and a good nutrition shall give us all nutrients our body needs, and Good health, in consequence. It is recommended to:



- Have 4 meals a day. Breakfast the most important ones, lunch, dinner and a light snack
- Eat slowly and chew food very well to facilitate digestion, when we chew well we form a soft paste; the body can digest more easily and can absorb its nutrients better.
- Do not skip meal schedules. As food gives us the energy needed for our body to work property to carry out our activities all along the day.
- Drink a minimum of 2 litres (8 glasses) of water every day. Soft drinks and bottled or canned juices are high in sugar content.
- Eat low fat foods. Avoid egg coated, breaded and fried food as it absorbs more grease, which may affect cholesterol, blood circulation, the heart, etc.
- Include fruits and vegetables

**Responde las siguientes preguntas sobre el texto** “Basic Principles for a Good Nutrition”. En tus propias palabras en inglés:

a. Why is it important to have good nutrition?

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b. What are the principles for good nutrition?

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c. Why is it important to chew slowly? Explain

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d. What may it happen when you eat fat?

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e. What does it happen if you skip meals?

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3. Utilizando adverbios de frecuencia en inglés; always, usually, sometimes, seldom, rarely never, responde las preguntas que aparecen a continuación sobre tus hábitos de alimentación:

A. Do you apply the principles for a good nutrition in your life?

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B. Do you eat low fat foods every day?

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C. Do you drink water as it is recommended in the text “Basic Principles for a Good Nutrition”?



\_\_\_\_\_

D. How often do you skip meals?

\_\_\_\_\_

E. Do you chew well?

\_\_\_\_\_

**Guía #4:** páginas 6-7

**Guía #5:** páginas 7-8

**Guía #6:** páginas 8-9

#### ACTIVIDADES GUÍA #4:

1. Read the text of the World Blog and answer the questions about the reading.

#### WORLD BLOG



I am sitting near Mount Vesuvius, a famous active volcano in Italy. When Vesuvius erupted in AD 79, it destroyed the Roman city, Pompeii. Mount Vesuvius last erupted in 1944, but experts and locals are worried that it could happen again soon!

**I am speaking** to Dr. Rosalia Dell'Aquila, an expert in volcanoes, and to Donna Esmeralda, who can remember the last time that Mount Vesuvius erupted.

Donna Esmeralda explained to me why she is so worried. She said "We are seeing many things we saw last time. My neighbour's cows aren't giving milk and her bees aren't coming back. My dog isn't happy – she isn't sleeping at night. The same thing happened in 1944."

Dr. Dell'Aquila says 'Now we are good at knowing when a volcano can erupt. Donna Esmeralda's comments are very interesting. Scientific tests are also telling us about a possible eruption. We're testing things like CO<sub>2</sub> and it is high. But the magma inside the volcano isn't rising and we aren't seeing any deformation of the land.'

1. Where is Vesuvius located?
2. When was the last eruption of Vesuvius?
3. Who are Rosalia Dell'Aquila and Donna Esmeralda?
4. Why is Donna Esmeralda worried?
5. What are the contradictions for a possible eruption?

2. Después de leer el texto "WORLD BLOG", los cuadros con la explicación y ejemplos sobre el presente continuo (Present Continuous) busca en la lectura y escribe ejemplos u oraciones en las que se utilizó Presente Continuo (Progressive) como se muestra a continuación:


1. I am speaking with my best friend

2.
3.
4.
5.
6.

**ACTIVIDADES GUÍA #5:**

1. Lee con atención el siguiente texto en inglés:

**FRIEND FINDER**



Hi! My name is Anh Vu. I'm from Hanoi, Vietnam. I'm fifteen years old and I'm in high school. I love painting, and I enjoy reading. Swimming and scuba diving are fun, too. I hate running! Running is awful.

Hola! My name is Carlos Vargas. I'm fourteen years old and I live in Caracas, Venezuela. I'm in the eighth grade. I love playing soccer and basketball. Working on a computer is cool, too. Listening to music is OK. I don't like singing. My singing is terrible, and my friends laugh at me!

Hello. My name is Andreas Stavras. I'm sixteen years old and I live in Athens, Greece. I'm in high school. I love acting. Acting is fun. I like playing in my band, Generescence, too. I play the guitar. I don't like playing soccer or basketball, but playing tennis is OK. What about you?

Hey! My name is Liliana Serrano. I'm fifteen years old and I live in Rio de Janeiro, Brazil. I love water sports. Scuba diving is exciting! I like skateboarding, too. I enjoy listening to music. My favorite group is Moby. I hate shopping! It is SO boring!

2. Después de leer el texto anterior; "Friend Finder" completa la información solicitada en inglés.

- A. Anh Vu loves \_\_\_\_\_ and enjoys \_\_\_\_\_.
- B. Anh Vu hates \_\_\_\_\_.
- C. Carlos Vargas doesn't like \_\_\_\_\_.
- D. Carlos Vargas loves \_\_\_\_\_.
- E. Andreas Stavras likes \_\_\_\_\_.
- F. Andreas Stavras doesn't like \_\_\_\_\_.
- G. Liliana Serrano loves \_\_\_\_\_:
- H. Liliana Serrano's favorite group is \_\_\_\_\_.
- I. Liliana Serrano likes \_\_\_\_\_.
- J. What do you like? \_\_\_\_\_.

3. Elabora oraciones en inglés con los verbos del cuadro que aparecen a continuación:

<b>Verbos y vocabulario</b>	<b>Expresa</b> por medio de una oración tus <b>gustos y disgustos</b> en inglés <b>utilizando</b> ; <b>like, enjoy, love, dislike, hate</b> ; de acuerdo al verbo y a tu preferencia.
<b>Listen</b>	I <b>love listening</b> to pop music in English.

Cook	/
wash the dishes	/
read books	/
Skate	/
write	/
Paint	/
Draw	/
stay at home	/
go to school	/
visit friends	/
watch movies	/
practice a sport	/

**ACTIVIDADES GUÍA # 6:**

1. Completa la siguiente información con el adverbio de frecuencia según el pronombre indicado y el síntoma o frase:

1. get a cold/ you                                    I **occasionally** get a cold
2. get a headache/ your mom                    \_\_\_\_\_
3. visit the doctor / your brother or sister    \_\_\_\_\_
4. worries too much / your best friend        \_\_\_\_\_
5. get a stomach ache/ you                      \_\_\_\_\_
6. get a toothache / your dad                    \_\_\_\_\_

2. Completa las oraciones que aparecen a continuación aplicando la **regla de la tercera persona del singular en inglés, presente simple; she, he, it**

1. My brother speaks (speak) two languages fluently.
2. Daniel \_\_\_\_\_ (watch) his favorite program every Saturday





3. Jennifer \_\_\_\_\_ (wash) her hair every day.
4. Ryan \_\_\_\_\_ (go) to church every Sunday.
5. My sister \_\_\_\_\_ (do) her homework after school.
6. Jessica \_\_\_\_\_ (kiss) her mother before she goes to bed.
7. Clara \_\_\_\_\_ (sing) very well.
8. She always \_\_\_\_\_ (carry) her umbrella with her.
9. My father \_\_\_\_\_ (not like) fast food.
10. Paul \_\_\_\_\_ (not play) tennis.
11. He never \_\_\_\_\_ (call) me.
12. My mother sometimes \_\_\_\_\_ (listen) to me.
13. The baby \_\_\_\_\_ (cry) too much.

[https://www.academia.edu/4133543/Conditional\\_Sentences\\_First\\_Condition\\_Future\\_Possible\\_Verb\\_Tenses\\_in\\_First\\_Conditional\\_SentencesGrammar\\_Practice\\_Worksheets\\_First\\_ConditionalGrammar\\_Practice\\_Worksheets\\_First\\_Conditional](https://www.academia.edu/4133543/Conditional_Sentences_First_Condition_Future_Possible_Verb_Tenses_in_First_Conditional_SentencesGrammar_Practice_Worksheets_First_ConditionalGrammar_Practice_Worksheets_First_Conditional)